



VICTORIA CARDIOLOGY

ACCREDITED ECHOCARDIOGRAPHY LABORATORY



Unit 201, 1252 Lawrence Ave. East, North York, ON M3A 1C3

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Dr. A. Janmohamed MBBS., FRCP(C)

Dr. K. Merali MD, FASE

Dr. S. Miller MD, FRCP(C)

Appointment: _____**PATIENT INFORMATION** (Please label here if applicable)Patient Name _____ ☐ F ☐ M

OHIP# _____ Version Code _____

Home Address _____

Phone# _____ DOB: _____

CARDIOLOGY CONSULTATION AND APPROPRIATE TESTING

- | | |
|--|---|
| ☐ Cardiology Consultation | ☐ ECG |
| ☐ Echocardiogram ☐ Contrast Echo | ☐ 24/48/72 Hours Digital Holter Monitoring |
| ☐ Stress Echo (Treadmill Exercise and Echo) | ☐ 7/14 Days Digital Holter Monitoring |
| ☐ Contrast Stress Echo | ☐ Consult if Test is Abnormal |
| ☐ Stress ECG Test (Treadmill Exercise) | ☐ ***24hrs Ambulatory Blood Pressure Monitoring*** |

INDICATIONS FOR STRESS ECHO

- ☐ Typical or atypical chest pain of ischemic equivalent syndrome
- ☐ Possible ACS with non-diagnostic ECG changes and negative or borderline significant troponin levels
- ☐ History of Congestive Heart Failure
- ☐ Known LV systolic dysfunction of unclear etiology
- ☐ Significant ventricular arrhythmia
- ☐ Syncope of unclear etiology
- ☐ Borderline or high troponin levels in a setting other than ACS
- ☐ Significant cerebrovascular or peripheral atherosclerosis
- ☐ Re-evaluation (≥ 1 yr) in patients with significant cerebrovascular or peripheral atherosclerosis
- ☐ Equivocal or non-diagnostic results from other stress modalities
- ☐ Initial evaluation of patients at intermediate or high global CAD risk
- ☐ Periodic (≥ 2 yrs) re-evaluation of patients with intermediate or high global CAD risk
- ☐ New or worsening chest pain or ischemic equivalent.
- ☐ Post MI or ACS for risk stratification (within 3 months).
- ☐ Viability in patients with known significant LV dysfunction post re-vascularization
- ☐ Periodic (≥ 1 yr) re-evaluation of stable patients with known CAD (previous coronary angiography, CTA/EBCT, MI, ACS or abnormal stress imaging)
- ☐ For physiologic assessment and/or symptoms correlation in patients with moderate or severe Aortic Stenosis, Mitral Stenosis, Mitral Regurgitation, Aortic Regurgitation, Hypertrophic Cardiomyopathy
- ☐ Assessment of established or latent pulmonary hypertension
- ☐ Others: _____

INDICATIONS FOR ECHOCARDIOGRAPHY

- ☐ Heart Murmurs
- ☐ Native Valvular Stenosis
- ☐ Native Valvular Regurgitation
- ☐ Known or Suspected Mitral Valve Prolapse
- ☐ Congenital or inherited Cardiac Structural Disease (including Bicuspid Aortic Valve, Marfan's Syndrome, Atrial Septal Defect, Ventricular Septal Defect, Ehler's Danlos Syndrome)
- ☐ Prosthetic Heart Valves
- ☐ Infective Endocarditis
- ☐ Pericardial Disease
- ☐ Cardiac Masses
- ☐ Interventional Procedures
- ☐ Pulmonary Diseases
- ☐ Chest Pain and Coronary Artery Disease
- ☐ Dyspnea, Edema and Cardiomyopathy
- ☐ Hypertension
- ☐ Thoracic Aortic Disease
- ☐ Neurologic or other Possible Embolic Events
- ☐ Arrhythmias Syncope and Palpitations
- ☐ Before Cardioversion
- ☐ Suspected Structural Heart Disease
- ☐ Others: _____

Clinical Information: (Please fax previous report if available)

HIGH-RISK STUDIES WILL BE COMMUNICATED OVER THE PHONE

Referring Physician _____ Provider Billing #: _____

Verbal ☐ Fax: _____ Signature: _____

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Accredited
Echocardiography
Laboratory

CARDIAC TEST PREPARATION AND INFORMATION

CONSULTATION:

Please bring all your medications.

24 / 48 HOURS HOLTER MONITORING:

No creams/lotion on the chest. 24 and 48 hours monitoring is **NON-STOP** recording. Please be prepared for **NO SHOWERING or SWIMMING** during the next 24 or 48 hours.

72 HOURS AND 7-DAY / 14-DAY HOLTER MONITORING:

No cream / lotion on the chest. 72 hours and 7/14-day monitoring allows patients to take a shower with Monitor Removal. Patients will be taught how to put back electrodes after shower. Monitor hook-up takes 15 to 20 minutes.

ECHOCARDIOGRAM:

No preparation. Test takes 35-45 minutes.

STRESS ECHO / STRESS TEST:

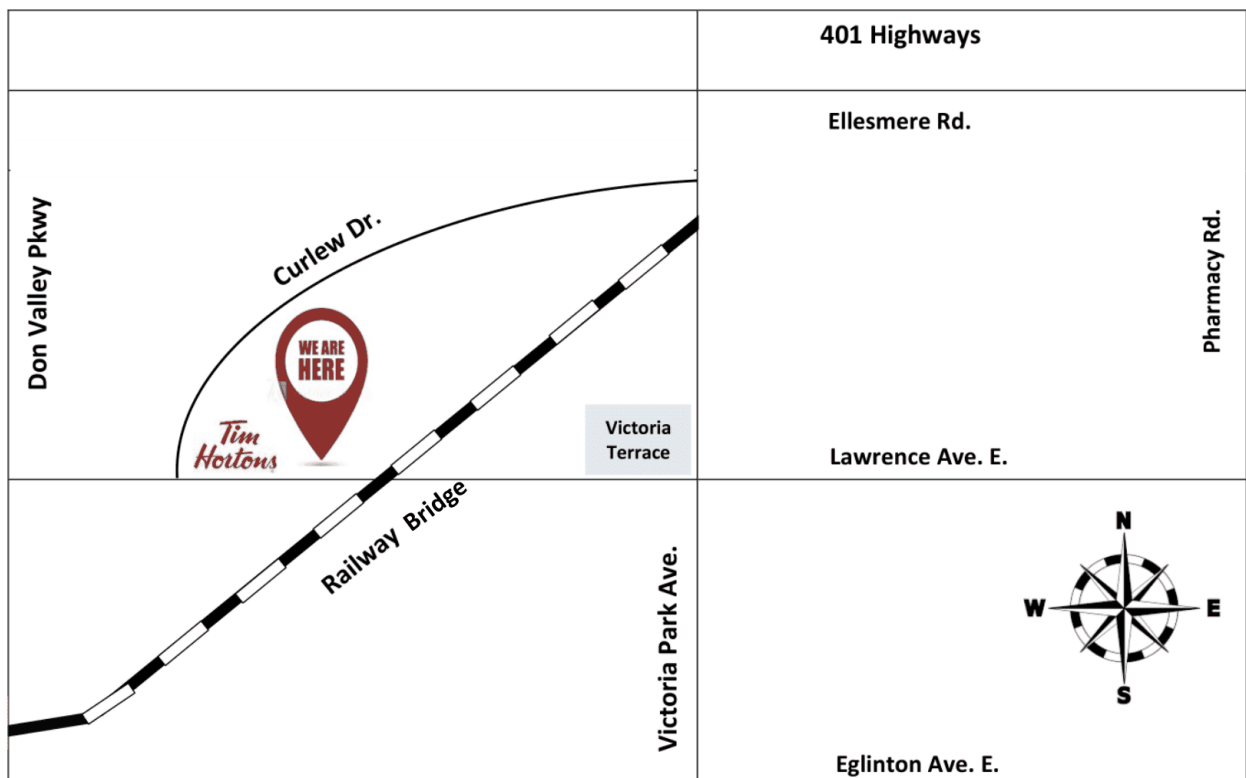
Please wear loose clothing and running shoes. Ask your doctor if you should be stopping any of your medication. Do not apply body cream/lotion on the day of the test. Test takes 45-60 minutes.

*****24hrs Ambulatory Blood Pressure Monitoring***:**

Not insured by OHIP. \$80 charge applies.



HOW TO FIND US



Check our website for more info: www.victoriamedicalgroup.ca